

Saturdays

Saturday retreats start at 10am and end at 4pm. Please bring a packed lunch. Tea & Coffee will be provided.

Suggested Offering: €20

September 10: **Finding God in life's transitions**

Just when the caterpillar thought the world was over, it became a butterfly ...

- Jim Noonan OCD

September 24: **In the Footsteps of our Ancestors**

Wisdom and Prayer from the Gaelic Tradition.

An exploration of some of the central themes of Celtic Christian Spirituality.

- Padraigín Clancy

October 1: **St Thérèse of Lisieux – “Heart of Mercy”**

A Feast Day retreat on this very popular saint, with particular focus on her Little Way and the role of suffering in her life.

- Alacoque O'Reilly OCDS & Vincent O'Hara OCD

Please note: this will be a silent retreat

October 22: **A Taste of Beauty, Truth and Goodness**

The day will centre around a DVD presentation by two spiritual masters, Fr Thomas Keating and Fr Richard Rohr, and will include meditation/contemplation and discussion.

- Elizabeth Fitzpatrick OSF

October 29: **Meditation for Beginners**

An introduction to the practice of meditation.

- Eugene McCaffrey OCD

Please note: this is a silent retreat

Avila Series: Sat Nov 5

Healing from the Centre

10.00 am - 5.00 pm

Exploring the inner journey towards wholeness and healing, drawing on the ancient wisdom of silence and stillness.

Dr Barry White (Consultant Physician, St James's Hospital, Dublin)

Rev Alan Lorimer (Counselling Psychologist, Belfast) Miriam Healy (Chaplain & Zen teacher) Patricia Coyle (Director of Jesuit Communications)

Special rate with light lunch provided: **€50**

Brochure available. Booking is essential.

Please note numbers limited.

November 26: **Waiting in mindful hope**

A quiet day of reflection as we enter the season of Advent.

- Martina Lehane Sheehan

December 3: **Let yourself be Loved**

Exploring the life and message of Carmel's newest saint, Elizabeth of the Trinity.

Patrice Buckley OCD & Eugene McCaffrey OCD

December 10: **Decision-making**

Anything better than flipping a coin?

In this one-day workshop, Pat will share some Christian and spiritual wisdom on how to make good decisions, big or small, individually or as part of a group.

- Pat Coyle

December 17: **In Silence and Peace**

A day of quiet and stillness amidst the Christmas rush.

Jim Noonan OCD & Noel O'Connor OCD

Please note: this is a silent retreat

Non-Residential Four-Day Individually Guided Retreat

Suggested offering €60

Monday November 21 to Friday November 25

- Avila Team

Evening Courses

Advent Series

Tuesdays 7.30 p.m. €50

From the Catacombs to Cyberspace
An illustrated journey through the history of Christianity

Over the course of four evenings we explore some of the high and low points of the Christian story.

Tuesdays of Advent: November 29, December 6, 13, 20

Fr Michael Collins

The Great Adventure Course
Thursday evenings 7:30-9:30

€300

Starting in September we are delighted to announce *The Great Adventure*, a comprehensive introduction to the scriptures, carried out over 24 weeks. The series takes a narrative approach to the Bible; it divides it into twelve time periods and then focuses on fourteen books of the Bible to follow the narrative from Creation up to the birth of the Church (including the Acts of the Apostles)

The course begins on Thursday 22 September 2016 and finishes on Thursday 18 May 2017. The course must be undertaken as a whole.
Advanced booking is essential.

Regular Events
7.30 pm

- *Monday Meditation: Second & Fourth Monday* of the month
- *Poetry / Book Club: First Tuesday* of the month
- *The Silver Screen: First Saturday* of the month
- *Charismatic Prayer Meeting: every Wednesday* (8.00 pm)
- *Secular Order meeting Fourth Saturday* of the month. Information available on request.

Contributing speakers:

Alacoque O'Reilly: Member of the Carmelite Secular Order and spiritual director.

Padraigín Clancy: Lecturer and broadcaster on Irish folklore and Celtic spirituality. Living on the Aran islands.

Fr Michael Collins: Author and lecturer. Administrator of St Mary's parish, Haddington Road.

Martina Lehane Sheehan: Author and Director of Ennismore Retreat Centre, Cork.

Patricia Coyle: Journalist, broadcaster and director of Jesuit Communications

Elizabeth Fitzpatrick OSF: Lecturer in spirituality & spiritual director

Contact Us

Avila Carmelite Centre,
Bloomfield Avenue,
Morehampton Rd.
Donnybrook, Dublin D04 YF66.
(01) 6430200

Email us: info@avilacentre.ie

Visit us on the web: avilacentre.ie

Avila Carmelite Centre is a place of silence and retreat. In this place of solitude in the heart of Dublin city, we seek to protect the peace and silence for all who come. We welcome people at all stages of their spiritual journey. You are welcome to come and stay in one of our eight guest rooms or two hermitages for short or long periods. All our rooms are self-catering at €40 per night.

Four conference rooms and a board room are also available to small or large groups, please see our website for rates.



Retreats & Courses

September - December
2016



Believe that he loves you. He wants to help you himself in the struggles you must undergo. Believe in his love, his exceeding love.

St. Elizabeth of the Trinity