#### **Contributing speakers:**

Elizabeth Fitzpatrick OSF: Lecturer in spirituality and spiritual director, with special interest in St Elizabeth of the Trinity.

**Dee Hennessy:** Facilitator and Retreat Director, who has more recently spent some years studying mindfulness, which she now integrates into her work with individuals and groups.

**Rita Minehan:** A Brigidine Sister, Sr Rita is Director of Solas Bhride, Kildare, a Centre for Celtic Spirituality in the spirit of St Brigid.

**Liz Nolan:** Well-known broadcaster with Lyric FM

**Des O'Grady:** Joined the Jesuits in 1959. He taught Philosophy for many years in the Milltown Institute and is currently chaplain to the Central Mental Hospital in Dundrum.

**Maureen Ryan:** Director of the Friends of the National Gallery for many years

Margaret Silf: Internationally renowned retreat-giver, author, broadcaster and spiritual guide. She has written over 15 books.

## Regular Events

Monday Meditation:
Second & Fourth Monday of the month
Poetry / Book Club
First Tuesday of the month
The Silver Screen
First Saturday of the month
Charismatic Prayer Meeting:
Every Wednesday (8.00 pm)
Secular Order meeting
Fourth Saturday of the month

## Contact us

Avila Carmelite Centre, Bloomfield Avenue, Morehampton Rd. Donnybrook, Dublin D04 YF66. (01) 6430200

Email us: info@avilacentre.ie Visit us on the web: avilacentre.ie

Avila Carmelite Centre is a place of silence and retreat. In this place of solitude in the heart of Dublin city, we seek to protect the peace and silence for all who come. We welcome people at all stages of their spiritual journey. You are welcome to come and stay in one of our eight guest rooms or two hermitages for short or long periods. All our rooms are self-catering at €45 per night.

Four conference rooms and a board room are also available to small or large groups, please see our website for rates.

# Avila Carmelite \* Centre

Retreats & Courses

September - December

2017



"Let nothing disturb you. Let nothing frighten you. Everything passes away except God."

(St Teresa of Avila)

## Saturdays

Saturday retreats start at 10am and end at 4pm. Please bring a packed lunch. Tea & Coffee will be provided.

Suggested Offering: €20

#### September 23: Poetry and Prayer

Drawing on poets like Gerard Manley Hopkins and Patrick Kavanagh, this day will reflect on how poetry can stimulate and enrich our prayer.

Vincent O'Hara OCD

## October 14: Finding Peace where you are

The goal of this retreat is to open our hearts to the full reality of our lives as children of God and citizens of the Cosmos. The retreat is open to all who wish to find meaning and peace in life, in spite of all the cause for alarm that we find around us. **Des O'Grady and Dee Hennessy** 

#### November 25: St John of the Cross

St John of the Cross used a rich array of symbols in his writings as he explored our relationship with God. We will examine his use of symbolism as a way of helping us towards friendship with God.

Jim Noonan OCD

#### **December 2: Emmanuel**

"Out of sight, out of mind?" This Advent retreat will explore God's tender invitation to us, and our response. It will examine how we can 'put on the mind of Christ' so as to be ready to celebrate a past event as a present source of life.

**Tony Parsons OCD** 

### **Friday November 3**

St Elizabeth of the Trinity

A Day Retreat (10 am to 4 pm) on this newest of Carmelite saints, with her strong message of the Indwelling of the Trinity Sr Elizabeth Fitzpatrick OSF

#### Evening Course 7.30pm

#### Opening up the Gospels

(Exploring the riches of the Four Gospels)

**Mondays** October 2, 9, 16, 23, 30

November 6, 13, 20 Tom Stone OCD

Suggested Offering: €80

## **Saturday October 28**

#### "Born to Fly"

From the caterpillar to the butterfly:
During this day of reflection and
connection we will explore something
of the great work of spiritual
transformation, in the context of our
own troubled and turbulent times
Margaret Silf

Advance Booking Essential. Light lunch provided. Cost: €40

## Great Figures of History (Tuesdays 7.30pm)

Brigid of Kildare (Nov 28)
Rita Minehan – Brigidine

Michelangelo (December 5)
Maureen Ryan – National Gallery

Mozart (December 12)
Liz Nolan – Lyric FM

Shakespeare (December 19)

Vincent O'Hara OCD Suggested Offering: €50, €15 per night

#### **SCHOOL OF PRAYER**

Sept 2017 – May 2018

(Book Now)

The School of prayer is for those who realise the importance of personal prayer in their lives and are seeking a deeper relation with God.

More information about the School of prayer is available from the website or the School of Prayer Leaflet in Reception.