# Saturdays

Saturday retreats start at 10am and end at 4pm. Please bring a packed lunch. Tea & Coffee will be provided. Suggested Offering: €25

#### September 1: The Spirituality of Pope Francis

Pope Francis told us recently that the call to holiness is for everybody. This Reflection Day considers the ways in which Francis attempts to help us understand how we can-reimagine our Christianity for today.

- Dr John Scally

#### September 15: Why Dark Nights of the Soul?

In this retreat, we will explore how Dark Nights can be blessings in disguise. Through them, God helps us to become the best version of ourselves. Walking through darkness, we are led into the light of His presence.

- Jim Noonan OCD

#### October 6: The Way of Wisdom

'Where is the wisdom we have lost in knowledge?' (T.S. Eliot)

A day to explore our own wisdom and learning, with the help of the poets and artists.

- Dr Brian Dooney

# October 20: The Pursuit of Happiness and Identity

Who am I? What is the meaning of life? In a world of unhealthy narcissism; in a time when anger is often unbalanced; in the search for hope, respect, compassion and humanity, how can we find our selves, heal ourselves and be ourselves as we would wish to be?

- Dr Marie Murray

#### Weekend Special November 16 - 18

November 10 - 18

Suggested Offering €60 (includes light lunch on Saturday)

#### The Impact of God

This reflective weekend looks at how St Teresa of Avila and St John of the Cross illuminate the Gospel of life, thereby contributing to a sense of wholeness, unity and purpose.

Begins Friday 7.30 pm. Ends at lunchtime on Sunday.

- Ian Matthew OCD

**Booking essential** 

#### December 8: Advent in Art

On this feast of the Immaculate Conception, we will explore the Advent and Marian themes of the great masters, deriving inspiration from their unique insights into the Christian mystery.

- Maureen Ryan

#### December 15: Pre-Christmas Retreat In Silence and Peace

A day of quiet and stillness amidst the Christmas rush - Avila Team

Please note: this is a silent retreat

## Advent Journey

Tuesday Evenings

Dec 4, 11 and 18 at 7.30 pm

Suggested offering €30

Drawing on the wonderful writings of the prophets, these evenings will reflect on the yearnings of the people of the Old Testament that were to find such amazing fulfilment in the coming of the Messiah, the Word made Flesh

- Dr Jessie Rogers



A series of workshops looking at the development of our Catholic faith over the centuries. Bishop Robert Barron hosts this

series through the medium of short documentaries. Join the Avila team as we journey through this rich landscape deepening and strengthening our faith. Every second Thursday from 20th September 2018 until 23rd May 2019.

**Cost €250 Booking is essential** 

### **Evening Course**

Reading St John's Gospel

Mondays of Oct and Nov at 7.30 pm

(Beginning October 1st)

- Tom Stone OCD

# Regular Events 7.30 pm

- Monday Meditation: Second & Fourth Monday of the month
- Poetry / Book Club: First Tuesday of the month
- The Silver Screen: First Saturday of the month
- Charismatic Prayer Meeting: every Wednesday (8.00 pm)
- Secular Order meeting Fourth Saturday of the month. Information available on request.

# Contributing Speakers

**Dr John Scally:** Lecturer in Trinity College and author of several books in the areas of sociology, sport and religion.

**Dr Brian Dooney:** Formerly of All Hallows College/DCU, lecturing in the area of Spirituality and the Arts, Brian now works with Age and Opportunity, the Irish national organisation that inspires and empowers older people to live healthy and fulfilling lives.

**Dr Marie Murray:** Marie is a Clinical Psychologist, Psychotherapist and author, with many years experience in various posts, including Director of Psychology in St Vincent's Psychiatric Hospital, and Director of Student Counselling in UCD.

**Dr Jessie Rogers:** Lecturer in Sacred Scripture in Maynooth University and author of several publications, including biblical themes in Irish Stained-glass.

**Maureen Ryan:** Director of the Friends of the National Gallery for several years.

Fr Iain Matthew OCD: Lecturer in the Carmelite 'Teresianum' University College in Rome. Author of the best-selling book on St John of the Cross, 'The Impact of God'.

Let us make this journey together as families; let us keep walking together. What we have been promised is greater than we can imagine. May we never lose heart because of our limitations, or ever stop seeking that fullness of love and communion which God holds out before us.

- Pope Francis

# Contact Us

Avila Carmelite Centre, Bloomfield Avenue, Morehampton Rd. Donnybrook, Dublin 4. (01) 6430200

Email us: info@avilacentre.ie Visit us on the web: avilacentre.ie

Avila Carmelite Centre is a place of silence and retreat. In this place of solitude in the heart of Dublin city, we seek to protect the peace and silence for all who come. We welcome people at all stages of their spiritual journey. You are welcome to come and stay in one of our eight guest rooms or two hermitages for short or long periods. All our rooms are self-catering at €50 per night.

Four conference rooms and a board room are also available to small or large groups, please see our website for rates.

# Avila Carmelite \* Centre

# Retreats & Courses September—December 2018



Find new ways to spread the word of God to every corner of the world.

- Pope Francis