

## *Hidden Treasures of the Bible*

Continuing to examine St Paul's letter to the Romans  
(Chapters 9 to 11)

**Mondays April 29, May 6, 13, 20  
at 7.30 pm**

(Suggested Offering €40)  
Tom Stone OCD

### *Residential Individually Guided Retreats*

**Suggested Offering €400**

**May 27 – June 2 (Alacoque O'Reilly OCDS and Felix Okolo OCD)**

**June 10 – June 16 (Jennifer McAleer, Tom Stone OCD and Frank Gallagher OCD)**

**July 15 – July 21 (Christina Gordon OCDS and Vincent O'Hara OCD)**

**July 29 – August 4 (Clodagh Plunkett and Noel O'Connor OCD)**

### *Weekend Special*

**Jesus Christ, our way to the  
Father**

**August 30 – September 1**

This reflective weekend will  
look at Christ through the lens  
of St Teresa of Avila and St  
John of the Cross

**Iain Matthew OCD**

Begins Friday 7.30 pm. Ends  
at lunchtime on Sunday.

**Suggested Offering €75  
(includes light lunch on  
Saturday)**

### **Looking Ahead!**

*We are happy to announce  
that our Third School of  
Prayer will take place from  
September 2019 to May 2020*

*Further details later!*

### **Contact Us**

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Visit us on the web: [avilacentre.ie](http://avilacentre.ie)

**Transport:** nearby bus stop on Morehampton Road, with Buses 46A, 39A and 145 all going to the City Centre.

Avila Carmelite Centre is a place of silence and retreat. In this place of solitude in the heart of Dublin city, we seek to protect the peace and silence for all who come. We welcome people at all stages of their spiritual journey. You are welcome to come and stay in one of our eight guest rooms or two hermitages for short or long periods. All our rooms are self-catering at €55 per night.

Four conference rooms and a board room are also available to small or large groups, please see our website for rates.



### *Retreats & Courses January – September 2019*



*One must erase the word discouragement from one's dictionary of love.*

*- St. Elizabeth of the Trinity*

## Saturdays

Saturday retreats start at 10am and end at 4pm. Please bring a packed lunch.

Tea & Coffee will be provided.

Suggested Offering: €25

### January 26: **Rekindling the Wonder of the Present Moment**

*This will be a day of quiet retreat to nourish the soul and explore how the combined practice of mindfulness, prayer and spirituality can lead to transformation.*

- Pamela-Maria O'Reilly M.Sc.

### February 2: **Day for Consecrated Life**

*To coincide with the annual celebration of Consecrated Life, this reflective day will focus on the witness given by consecrated people and their role in building up the kingdom of God. Open to all.*

- Avila Team

### February 23: **Mother Teresa – Prophet or Plaster Saint?**

*This retreat will go behind the stereotypical images of Mother Teresa and present the life and legacy of the real woman rather than the 'plaster saint'. It will explore issues like: Who is the real Mother Teresa? What are her main messages? How do these apply to us today? To what extent can she help us on the path to the creation of a just society?*

- Dr John Scally

### March 9 (2.00 to 5.00 pm): **An Afternoon with Lorna Byrne**

*This afternoon will focus on how Lorna's positive vision for the world, passed on to her by God and the angels, can transform the world into a more loving place, thereby promoting peace and hope.*

- Lorna Byrne

### March 23: **'Shelter me, God, in your love'**

*Sr Marie will present a time of prayer and reflection, using some of her own composed music as part of the process.*

- Marie Dunne CHF

### April 6: **Returning to the Well of Celtic Wisdom**

*During this day we will explore some of the central strands of Irish Spirituality and remember some of the central early holy men and women.*

- Padraigin Clancy

### April 18 (2.00 to 8.00 pm):

#### **Holy Thursday retreat**

*This special afternoon will reflect on the rich themes that will be played out in the sacred liturgy that will follow at 8.00 pm.*

Avila Team

### May 4: **Centering Prayer**

*Join us for contemplative prayer, stillness and reflection; and experience what it means to pray with God, instead of search for God.*

#### **This will be a silent retreat**

- Eileen Foley

### May 18: **'The heavens proclaim the glory of God'**

*This reflective day will explore the beauty of creation, and draw on the great nature poets as a way of enriching our lives and enhancing our prayer*

- Vincent O'Hara OCD

### June 1: **St Elizabeth of the Trinity**

*This day will focus on the young Carmelite nun from Dijon and how her acute awareness of the indwelling Trinity transformed her. What can we learn from her?*

- Tony Parsons OCD

### June 15: **Giving Thanks: The Psychological Power of Gratitude**

*It is good to be grateful and the practice of gratitude has long been recognised within 'positive psychology' as having significant psychotherapeutic benefits. This gentle reflective day will explore the transformative power of 'giving thanks'.*

- Dr Marie Murray

### **Tuesdays of Lent: 7.30 p.m.**

Faith and Secularism

*In an increasingly secular society how can we continue to insert the Christian message as a beacon of hope and meaning.*

**(Suggested Offering: €80 or €15 per evening)**

### **March 12: The Challenge of Secularism**

- Patrick Claffey SVD

### **March 19: The Erosion of a Faith Culture**

- Breda O'Brien

### **March 26: 'What must we do?'**

- Maria Steen

### **April 2: The Church and Secularism - Where to begin?**

- Gerry O'Hanlon SJ

### **April 9: Love your enemies - a young person's perspective**

- Iva Beranek

### **April 16: Faith & Secularism - The role of the Gospel**

- John Morgan