

Register

Numbers for the School of Prayer will be limited.

Please cut out and complete this registration form and return to:

Avila Carmelite Centre
Bloomfield Avenue, Donnybrook, Dublin 4

Name.....

Address.....

Telephone.....

Email.....

Enclosing a deposit of €100 ☐

Closing Date for registration: 1st September.

Schedule

The School of Prayer will be led by members of the Avila retreat team and invited speakers.

It will take place on:

Thursday evenings, a number of **Saturdays** and a week in November.

The School of Prayer opens on

Saturday September 21, 2019

and ends on

Saturday May 23, 2020

Cost: €400

Please consult the list of dates below to ensure you will be able to participate fully in the course.

Saturdays: 10am - 4pm

2019: Sept 21, Dec 7

2020: Jan 18, Mar 14, May 23

Thursday evenings: 7.30pm - 9.30pm

2019: Oct 3, 17, 31, Nov 14, Dec 12

2020: Jan 30, Feb 13 and 27, Mar 26, Apr 16 and 30, May 14

Week of Individually Guided Prayer
November 25 - 29, 2019.



School of Prayer

September 2019
until
May 2020



*Prayer is God's gift
to those who pray.*

**Bloomfield Avenue,
Donnybrook, Dublin 4.**
Tel: 01 643 0200
Email: info@avilacentre.ie
Web: www.avilacentre.ie

School of Prayer Description and Themes

Our third School of Prayer will be held in Avila from September 2019 until May 2020.

The School of Prayer is for those who realise the importance of personal prayer in their lives and are seeking a deeper relationship with God and support and encouragement in their search.

For those involved, it will be an opportunity to be nourished by the rich treasures of Christian prayer - with particular reference to the Carmelite tradition - and at the same time to explore their own prayer journey and share this experience with others.

It will also include essential reading, intended as a framework and support for the ongoing process of prayer, reflection and growth.

The School of Prayer is not intended as an academic programme; the course will be mainly experiential. Participants will be invited to take an active part in spiritual conversation, workshops and small group sharing.

Individual prayer guidance will be offered as an essential part of the School of Prayer, and the Week of Individually Guided Prayer will be an integral part of the course.

The School of Prayer is open to all who wish to deepen their experience and knowledge of prayer and to explore the journey of prayer with others.

'Prayer is an aspiration of the heart; it is a simple glance directed to heaven. It is a cry of gratitude and love in the midst of trial as well as joy. It is something great and supernatural, which expands the soul and unites one to Jesus.'

St Thérèse

The School of Prayer will offer a wide range of themes including:

Invitation to Prayer

Opening the heart to receive God's gift of himself

Ways of Praying

Finding our personal response to God

Praying with the Scriptures

Lord, teach us how to pray!

Carmelite Prayer

Exploring the richness and wisdom of the Carmelite way

Centering Prayer

Prayer of silence, listening and presence

Meditation

Finding a pathway to the heart

Prayer and Life

The fruit of prayer in love and service

Praying through the Arts

The beauty of God revealed in all his works.